

# Items We Can and Can't Accept

We accept dry and canned food donations, which is any food that is “shelf-stable” or nonperishable that you can keep in your pantry without it going bad. That said, please make sure any food you donate hasn’t reached its “sell-by” date yet. When possible, choose cans that have pop-top lids and don’t require a can opener. Below are examples of food and essentials that we can and can’t accept.

## Can Accept

- **Canned goods:** Fruits, vegetables, soups, stews, etc.
- **Proteins:** Peanut butter, canned or dried beans and lentils, chicken or fish
- **Staples:** Pasta, rice (especially brown rice), whole-grain products, etc.
- **Easy-to-prepare meals:** Easy mac, ramen, instant soup, etc.
- **Snacks:** Chips, crackers, nuts, etc.
- **Kid-friendly items:** Shelf-stable milk, juice boxes, snack packs, etc.
- **Children supplies:** Diapers, wipes, formula, etc.

## Can't Accept

- **Anything Needing Refrigeration**
- **Fresh Fruit and Vegetables**
- **Meats**
- **Dairy**
- **Homemade Goods**
- **Baked Goods**
- **Leftovers**
- **Expired Foods**
- **Food with Packaging Concerns**



**Learn more or make a monetary donation:**

[www.caracollective.org/donate-food](http://www.caracollective.org/donate-food)

Questions? Contact Tim Loeffler  
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